

75
Azadi Ka
Amrit Mahotsav



INDIRA GANDHI DELHI TECHNICAL UNIVERSITY FOR WOMEN

Lets Make Mental Health & Emotional Well being a Priority

“
Emotional wellbeing
is just as important
to us as Breathing is!
”

Days : Monday & Wednesday

Time : 2:00 PM to 4:00PM

**Venue : IGDTUW Campus,
Krishna Hostel,
Visitors Room**

Ms . Yamini Punj
Psychologist, Psychotherapist, Graphologist

